

Assessment of Penelope ISD Wellness Plan  
2017-2018

Component 1 - A Commitment to Nutrition and Physical Activity

We have been successful with our implementation of all components of Component 1. As these are year-long points of emphasis, we will continue to implement these regularly. The only point of Component 1 that we will be discontinuing is the offering of a salad/potato bar as we are not currently staffed to adequately serve the line and monitor the bar.

Component 2 - Quality School Meals

We have been successful with our implementation of all components of Component 2. As these are year-long points of emphasis, we will continue to implement these regularly.

Component 3 - Other Healthy Food Options

We have been successful with our implementation of all components of Component 3. As these are year-long points of emphasis, we will continue to implement these regularly.

Component 4 - Pleasant Eating Experience

We have been successful with our implementation of all components of Component 4. As these are year-long points of emphasis, we will continue to implement these regularly. We have had a parent visitor eating with us almost once / week the entire year. I feel, due to this, parents know that they are always welcome to eat with their child.

Component 5 - Nutrition Education

We have been successful with our implementation of all components of Component 5. As these are year-long points of emphasis, we will continue to implement these regularly.

Component 6 - Marketing

We have been successful with our implementation of all components of Component 6. As these are year-long points of emphasis, we will continue to implement these regularly.

Component 7 - Implementation

Having met and implemented Components 1 through 6, I feel that we have been successful with our implementation of all components of Component 7.



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